

# Chemotherapy

Chemotherapy, also called chemo, is medicines used to treat cancer. These medicines destroy cancer cells, keep them from growing and spreading, shrink the size of a tumor or relieve cancer symptoms.

Depending on the type of cancer, chemotherapy medicine may be given:

- With other medicine.
- Before or after surgery and/or radiation to shrink a tumor.
- In cycles so that your body can rest and repair between treatments.
- Throughout the body or directly into the site of the cancer.
- In a vein called an IV or intravenous or as a pill, an injection, skin lotion or cream.
- In a hospital, doctor's office or clinic.

Your doctor will decide on the type of medicines and how often they are to be given.

## Side Effects

Chemo can destroy or slow down the growth of normal cells, including cells of the hair, mouth, digestive system, and blood stream. This can result in:

- Hair loss
- Mouth sores
- Nausea or vomiting
- Diarrhea
- Infections
- Tiredness
- Bleeding problems

# 化疗

化学疗法也称为化疗，是用于治疗癌症的药物。这些药物破坏癌细胞、限制其生长和扩散、收缩肿瘤或减轻癌症状。

根据不同类型的癌症，化疗药物可有以下用法：

- 和其他药物配伍。
- 在手术和/或辐射前后以收缩肿瘤。
- 在治疗周期中以便你的身体能在治疗的间隙休息调整。
- 在周身或直接注入癌症部位。
- 在称为 IV 或静脉注射的静脉之中或以药片、注射、护肤液或乳膏的形式。
- 在医院，医生办公室或诊所里。

你的医生将决定药物类型以及用药的次数。

## 副作用

化疗能破坏或减缓正常细胞的生长，包括毛发、口腔、消化系统以及血流的细胞。这可能会引起：

- 毛发脱落
- 口腔溃疡
- 恶心或呕吐
- 腹泻
- 感染
- 疲劳
- 流血问题

You will be watched closely for side effects. Let your doctor or nurse know how you are feeling. Exams, blood tests and medicines will be used to prevent or treat any side effects and check your condition.

**Talk to your doctor or nurse if you have any questions or concerns.**

将会密切观察您有何副作用。让您的医生或护士知道您的感觉如何。将用检查、血液测试和药物来防止或治疗任何副作用及查看你的情况。

如有任何疑问或关注事宜，请告知你的医生或护士。

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