

# Amniocentesis

Amniocentesis is a test of amniotic fluid. This fluid is around your baby in your uterus. The doctor will remove a small sample of the fluid with a needle. This test checks your baby for birth defects.

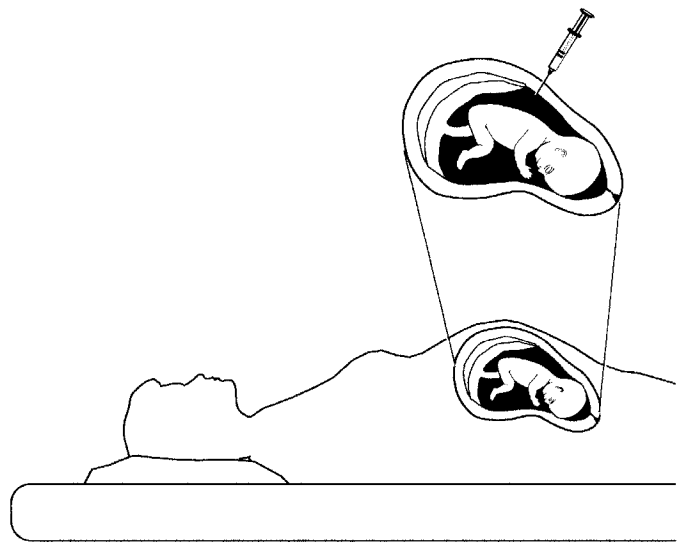
There are some risks with this test.

- A leak or infection of the amniotic fluid
- The needle touching the baby
- Early delivery
- Miscarriage

**Arrive on time for your test.** Plan on this test taking about 1 hour.

## During the Test

- You will wear a hospital gown.
- You lie on your back with your stomach uncovered.
- Your stomach is washed.
- Your doctor uses ultrasound to see your baby and find safe pockets of amniotic fluid. An ultrasound is a picture of your baby using sound waves.



# Baaritaanka Dheecaanka Uur-jiifka ku Hareereysan (Amniocentesis)

Amniocentesis waa baaritaanka dheecaanka amniotic. Dheecaankaan wuxuu ku hareereysan yahay ilmuhu markuu ilmo galeenkaaga ku jiro. Dhakhtarku wuxuu sambal yar ee dheecaanka ku soo saari doonaa irbad. Baaritaankaan wuxuu ilmahaaga ka hubinayaa cillado lagu dhasho.

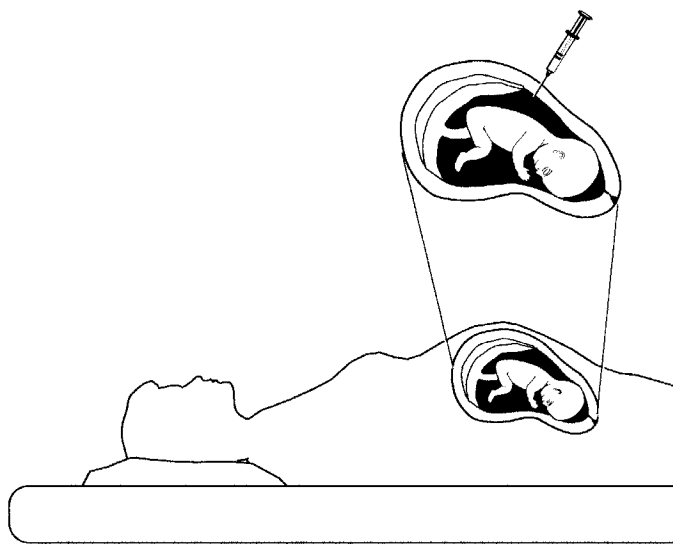
Waxaa jira qaddar halis ah oo uu baaritaankaanu leeyahay.

- Soo dusid ama cudur qaadidda dheecaanka amniotic
- Irbadda oo ilmaha taabata
- Dhalmo waqti hore ah
- Dhicis

**Baaritaanka waqtiga ku imow.** Qorsheyso in baaritaankaanu uu qaadan doono ilaa 1 saac.

## Waqtiga Baaritaanka

- Waxaad xidhan doontaa goonnada isbitaalka.
- Geddi cad ayaad u seexan doontaa iyadoon calooshaada wax dhar ah saarnayn.
- Caloosha ayaa lagaa dhaqayaa.
- Dhakhtarkaagu wuxuu isticmaalayaa ultrasound si uu u eego ilmahaaga una helo meelo ammaan ah oo dheecaanka amniotic uu ku jiro. Ultrasound waa sawirka ilmahaaga iyadoo la isticmaalayo mowjado cod ah.



Amniocentesis. Somali.

- Your doctor may numb the skin where the needle goes in. You may feel a sting.
- When the needle enters the uterus, you may feel cramping.
- The doctor takes out a small sample of the fluid and removes the needle. The needle is in for less than 1 minute.
- A monitor is placed on your stomach for 15-30 minutes to check your baby's heartbeat.
- Your doctor will get your test results in about 2 weeks. Your doctor will share the results with you.

### **After the Test**

- Rest at home today.
- Drink plenty of liquids.
- If you have cramping, lie on your left side.

Call your doctor **right away** if you have:

- Severe cramping
- Fluid leaking from the vagina
- Bleeding from the vagina
- Fever
- Your baby is less active
- Other concerns

**Talk to your doctor or nurse if you have any questions or concerns.**

- Dhakhtarkaagu waxaa laga yaabaa inuu jidhka meesha uu irbadda kaa gelinayo kaa kabuubiyo. Waxaa laga yaabaa in aad xanuun dareento.
- Marka ay irbaddu gasho ilmo galeenka, waxaa laga yaabaa in aad casiraad dareento.
- Dhakhtarku wuxuu soo qaadayaa sambal yar oo dheecaanka ah ka dibna wuxuu kaa soo saarayaa irbadda. Irbaddu waxay kugu jiraysaa wax ka 1 daqiiqo ka yar.
- Shaashad ayaa la dhigayaa calooshaada dusheeda ilaa 15-30 daqiiqadood si loo hubiyo garaaca wadnaha ilmahaaga.
- Dhakhtarkaagu wuxuu natiijada baaritaankaaga ku heli doonaa ilaa 2 toddobaad gudahooda. Dhakhtarkaagu adiga ayuu natiijada kula wadaagi doonaa.

## **Baaritaanka ka Dib**

- Maanta guriga ku naso.
- Cab dareereyaal fara badan.
- Haddii ay casiraad ku hayso, dhinacaaga bidixe u seexo.

## **Isla markiiba dhakhtarka u yeer haddii aad qabtid:**

- Casiraad daran
- Dheecaan ka soo dusaya hoosta
- Dhiig bax hoostaada ka imaanaya
- Qandho
- Ilmahaagu uusan dhaq-dhaqaaqayn
- Wel-wello kale

## **U sheeg dhakhtarkaaga ama kalkaaliyaha haddii aad wax su'aalo ah ama walaac ah qabtid.**

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