

Nitroglycerin

Nitroglycerin is a medicine used to treat chest pain called angina. Take nitroglycerin as directed by your doctor.

- If you are pregnant or breastfeeding, **talk to your doctor** before using this medicine.
- Always keep your nitroglycerin with you.
- This medicine may make you dizzy or lightheaded when you stand up or get out of bed. Get up slowly from a sitting or lying position.
- Avoid alcohol while using nitroglycerin.
- Keep nitroglycerin in its original bottle to keep its strength. The medicine should cause a sting or a tingle under your tongue.
- Keep the medicine out of the reach of children.

If you use tablets:

1. Sit down and rest 2-3 minutes.
2. If you have chest pain or discomfort that is not better with rest, place 1 tablet under your tongue. Do not swallow the tablet.
3. If you still have chest pain after 5 minutes, put a second tablet under your tongue.
4. If the chest pain does not go away after another 5 minutes, use a third tablet. You may take up to 3 tablets in 15 minutes.
5. If you still have pain, **call 911**. Do not drive yourself to the hospital because you may be having a heart attack.

Nitroglicerín

Nitroglicerín je lijek koji se koristi za liječenje bola u prsima zvanog angina. Uzimajte nitroglicerín kako Vam ga je propisao doktor.

- Ako ste u drugom stanju ili dojite, **razgovarajte sa svojim doktorom** prije korištenja ovog lijeka.
- Nitroglicerín nosite uvijek sa sobom.
- Lijek može uticati da osjećate vrtoglavicu ili nesvjestice prilikom podizanja ili ustajanja iz kreveta. Polako se dižite iz sjedećeg ili ležećeg položaja.
- Izbjegavajte alkohol dok koristite nitroglicerín.
- Nitroglicerín držite u njegovom originalnom pakovanju zbog očuvanja njegove jačine. Prilikom uzimanja lijek bi trebao uzrokovati bockanje ili štipkanje pod jezikom.
- Lijek držite van domašaja djece.

Ako koristite tablete:

1. sjedite i odmorite se 2-3 minute.
2. ako imate bol u prsima ili neugodnost koja ne prolazi sa odmaranjem, stavite 1 tabletu pod jezik. Nemojte gutati tabletu.
3. ako i dalje imate bol u prsima nakon 5 minuta, stavite drugu tabletu pod jezik.
4. ako bol u prsima ne nestane nakon sljedećih 5 minuta, upotrijebite treću tabletu. Možete uzeti do 3 tablete u 15 minuta.
5. ako još uvijek imate bol, **pozovite 911 (hitnu pomoć)**. Nemojte voziti u bolnicu jer možda imate srčani udar.

If you use spray:

1. Sit down and rest for 2-3 minutes.
2. If you have chest pain or discomfort that is not better with rest, hold the can up with the spray button on top as close to your mouth as you can.
3. Press down on the button and spray the medicine onto your tongue or under it. Don't swallow right away. Wait 10 seconds.
4. If your chest pain lasts longer than 5 minutes, spray a second dose into your mouth.
5. If the chest pain does not go away after another 5 minutes, spray a third dose. You may use up to 3 sprays in 15 minutes.
6. If you still have pain, **call 911**. Do not drive yourself to the hospital because you may be having a heart attack.

Call your doctor **right away** if you have any of these side effects:

- Blurred vision
- Trouble breathing
- Fainting, dizziness or severe weakness
- Flushed or hot face
- Fast heartbeat
- Headache
- Nausea

Talk to your doctor, nurse or pharmacist if you have any questions or concerns about taking nitroglycerin.

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Ako koristite sprej:

1. sjedite i odmorite se 2-3 minute.
2. ako imate bol u prsima ili nelagodu koja ne popušta nakon odmora, držite sprej sa uspravno sa raspršivačem na vrhu bočice, što je moguće bliže ustima.
3. pritisnite raspršivač i prsnite medikament na svoj jezik ili ispod njega. Nemojte odmah progutati nego sačekajte 10 sekundi.
4. ako Vaš bol u prsima traje duže od 5 minuta, raspršite drugu dozu u svoja usta.
5. ako bol u prsima ne nestane nakon sljedećih 5 minuta, raspršite treću dozu; sprej možete upotrijebiti 3 puta u roku od 15 minuta.
6. ako još uvijek imate bol, **pozovite 911 (hitnu pomoć)**. Nemojte sami voziti u bolnicu jer možda imate srčani udar.

Odmah pozovite svog doktora ako imate bilo koju od ovih nuspojava:

- zamagljen vid
- probleme sa disanjem
- nesvjesticu, vrtoglavicu ili jaku malaksalost
- crvenilo u licu ili osjećate da Vam je lice vruće
- ubrzane otkucaje srca
- glavobolju
- mučninu

Razgovarajte sa svojim doktorom, medicinskom sestrom ili apotekarom ako imate bilo kakvih pitanja ili briga u vezi uzimanja nitroglicerina.

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Nitroglycerin. Bosnian