

Choosing a Doctor for Your Baby

Before you deliver your baby, you will need to choose a doctor for your baby. This doctor could be a family doctor or a pediatrician. A pediatrician is a doctor who is trained to care for children from birth to age 18.

When choosing a doctor for your baby, think about:

- Where is the office located and what are the hours?
- Do they accept your health insurance plan?
- How are payments done?
- Can you call in after office hours?
- If your child is sick, can he or she be seen that day?
- Will they be willing to work with you and accept your ideas of childcare?

Make appointments to meet some doctors to answer these questions.

How do I find a doctor or clinic for my baby?

Ask for advice from your doctor, family and friends. You may also get a list of doctors in your area from a hospital referral line, the yellow pages or from your insurance provider.

为你的宝宝挑选一位医生

在分娩宝宝之前，你需要为你的宝宝选择一位医生。这位医生可以是家庭医生或一位小儿科医生。小儿科医生受专业训练，专门照顾从刚出生到 18 岁的孩子。

在为你的宝宝挑选医生时，请想一想以下要点：

- 诊所的地点和开诊时间如何？
- 他们是否接受你的健康保险计划？
- 如何付款？
- 在诊所下班后你是否能进行诊访？
- 如果你的孩子病了，当天就能看医生吗？
- 他们会和你合作并接受你有关护理孩子的想法吗？

和一些医生约定见个面，问一下这些问题。

我如何为我的宝宝找一位医生或一间诊所？

请向你的医生、家人和朋友咨询。你也可从医院的推介电话线、黄页电话簿或从你的保险供应商那里得到一张本地区医生名单。

Who will care for my baby after delivery?

Your baby's doctor will visit your baby in the hospital. Your baby cannot go home until checked by your baby's doctor or a doctor in the hospital. You will be sent home with instructions to take to your baby's first well child check-up. Your baby will need to be checked by his or her doctor within a week of going home from the hospital.

What are well child check-ups?

At well child check-ups, your baby's doctor will check for signs of illness and growth and development problems. Well child check-ups will include:

- Checks of your baby's weight, height and head size.
- Asking questions about your baby's behavior.
- An exam of your baby.
- Teaching you about your baby's care, feeding, what to expect and when to make the next appointment.

分娩之后谁将照顾我的宝宝?

你宝宝的医生将在医院诊访你的宝宝。你的宝宝要经你宝宝的医生或一位医院的医生检查后才能回家。你出院回家时，医院将让你带上关于你的宝宝的首次安康儿童检查说明。你的宝宝在离开医院回家后一星期内需要让其医生检查。

什么是安康儿童检查?

做安康儿童检查时，你宝宝的医生将检查疾病症状和生长发育方面的问题。安康儿童检查将包括：

- 检查你宝宝的重量、身高和头围。
- 询问你宝宝行为方面的情况。
- 给宝宝做一次检查。
- 教你有关宝宝的护理、喂食、会发生什么以及何时该约订下一次诊访。

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